

P GOD KNOWS *the*
PLAN

JER.
29:11

**A CONSCIOUS ACTION PLAN
WITH PRAYER POINTS**



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*For I know the thoughts that I
think toward you, saith the Lord,
thoughts of peace, and not of evil,
to give you an expected end.*

Jeremiah 29:11

INTRODUCTION

That we are all alive having crossed into another year is a reminder and assurance that God has a plan for our lives, and that he will provide for us in all situations.

I may not know as much as others may know, I may not be too connected as someone else, I may not be so lucky, influential, intelligent and attractive to capture the attention that I deserve. But one thing I know, God Knows the plan.

So, I am not bothered about how the world system would be. I am not going to be so concerned about how to get it done, and even when I work so hard and cautious, I may not completely rely on my abilities and strength, FOR I KNOW WHOM I HAVE BELIEVED.

"For this reason, I also suffer these things; nevertheless, I am not ashamed, for I know whom I have believed and am persuaded that He is able to keep what I have committed to Him until that Day." II Tim. 1:12.

This year shall come with glorious promises, sustainable plans and realistic outcomes for them that believe in God. Goodness and mercy shall follow me, all the days of my life,
Psa. 23:6.

A CAREFUL REMINDER FROM GOD

1. He Knows the Plan

Jer. 29:11

"For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope."

2. He shall Renew the Strength

Isa. 40:31

"But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint."

3. He will complete the work

Phil. 1:6

"And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ."

Lesson 1:

HUMILITY COMES BEFORE HONOUR

Prov. 8:12

"Before a downfall the heart is haughty, but humility comes before honor."

Humility is the beginning and end of the virtues; the first character to cultivate and the most valuable value to add at the beginning of a course.

A. What is humility?

Acknowledging that we are wholly dependent on God and that without Him, we wouldn't be who we are, and we wouldn't have what we have or lead the life we live. Practicing humility shows that we put ourselves in a position that points all glory and all things back to God.

"Humility is the fear of the LORD; its wages are riches and honor and life."

Prov. 22:4

B. BENEFITS OF HUMILITY

The Bible points to many benefits of humility including:

1. **Closer to God**- Humility allows us to recognize God's authority and sovereignty, and to submit to His will. It brings us closer to God by allowing us to trust in His wisdom and plans for us.

2. **Wisdom**- Proverbs 11:2 says that humility brings wisdom, while pride brings disgrace.

3. **Honor**- Proverbs 22:4 says that humility and fear of the Lord lead to honor, riches, and long life.

4. **Respect**- Humble leaders are more relatable and are able to work alongside their employees.

Personal growth: Humility involves an accurate self-perception and a focus on others, which can lead to personal growth.

5. Better Relationships - Humility can lead to better relationships.

6. Foundation for a Pleasing Life - Humility is a foundation for a life that pleases God.

Remember that God resists the proud but gives grace to the humble.

(Jm. 4:6)

C. DEMONSTRATING HUMILITY

In demonstrating humility, there are three important things that cannot be overlooked;

1. Listening with Understand -

According to the Bible, listening to instructions can lead to wisdom, prosperity, and joy: Prov 16:20-30

"Those who listen to instruction will prosper; those who trust the LORD will be joyful" (Prov. 19:20-21)

"Listen to advice and accept

instruction, that you may gain wisdom in the future" (Prov. 4:13). Isaac Listens to his father, Abraham, Gen. 22:7-8

2. Abide by the word of God - His ways and plans are always better than our own, everything included in His plan is for a greater good (Isa. 55:8-9; Prov. 3:5-8).

Joseph jumbled himself in God's word before Pharaoh, Gen. 41:25, 38-49

3. Trust the Process - A good plan has a process, which can include: Strategic planning, mission and vision statements, situation analysis, Proper management, action and operations for Strategic development, Jesus trusted a humble process from birth to the cross, Phil. 2:5-11

Song...

Trust and obey

Lesson 2:

THE PLAN

For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. Jer. 29:11

Focus

1. For he that walks cannot direct his steps, but God knows the plan. Do not worry about tomorrow because God has the plan.
2. Do not rely on your antics for He controls the plan, Prov. 3:1-3
3. The race is not to the swift... He knows His perfect plans for us

PLANS TO PROSPER

Everyone wishes to prosper in what they do. Prosperity is the condition of being successful or thriving in general

well-being. There are three primary areas to prosper in:

"Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth." III Jn. 1:2

1. Physical Well-being (Prosper in Health)

Physical health refers to your body keeping well. It is the will of God that your body gets well and stays healthy. After all, God called Himself Jehovah Rapha to His covenant people in Exodus 15:26, which means the Lord who heals you! There are three basic doctors everyone should have in order to fulfill physical Well-being. These are, REST, EXERCISE & GOOD FOOD.

2. Economic or Financial Well-being (Prosper in Wealth)

Economic well-being is fulfilled when people have the means to meet their

basic needs and have sustainable income and assets. To achieve economic well-being, individuals, families, and communities can:

a. Improve employment quality: Evaluate the quality of employment, including wages, working conditions, and job security.

b. Access education and training: Young people can pursue further education or training after leaving school.

c. Live in decent homes: People should live in decent homes and sustainable communities.

d. Have access to essential services: People should have access to healthcare, social support, and other essential services.

e. Be self-sufficient: People can become self-sufficient by managing and saving their resources.

f. Meet day-to-day costs: People should be able to meet the costs of basic needs like food, clothing, housing, healthcare, and transportation.

g. Support parents and others: Families, friends, etc should be supported to become economically active.

3. Spiritual Well-being (Prosper in Spirit or your soul prospers)

Spiritual wellbeing is the human need to feel connected to something greater than oneself, and to have a sense of purpose and meaning in life.

These may include, Having a clear sense of right and wrong,
Being able to explain why you believe what you believe,

Caring for the welfare of others and the environment,

Being able to spend time alone in reflection and

Taking time to reflect on the meaning of events in life

A prosperous soul is a mind filled with God's Word. A prosperous soul is a renewed mind with the Word of God.

Your prosperity and health are dependent upon your soul prospering.

Your soul prospering means renewing your mind with what the Word of God says.

Lesson 3:

GUIDEPOSTS FOR STRATEGIC PLANNING

1. Living in Today, Preparing for Tomorrow

"Come now, you who say, 'Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit'- yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes. Instead, you ought to say, 'If the Lord wills, we will live and do this or that.' As it is, you boast in your arrogance. All such boasting is evil. So, whoever knows the right thing to do and fails to do it, for him it is sin." James 4:13–17

Be diligent and to focus on the present, because tomorrow is not promised.

It's your responsibility to plan wisely. As we await our eternal glory in Heaven, we must embrace the last principle above: it is sin not to do what we know we should.

2. Relying on God doesn't mean doing nothing.

It's a dangerous misconception to think we don't need to plan, we just need to pray hard enough, or we should make a very specific plan and expect God to bless it. And it's unrealistic to set goals and expect to achieve them without changing behavior.

3. Focusing exclusively on today would spell disaster for tomorrow.

Prov. 21:5, "The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty."

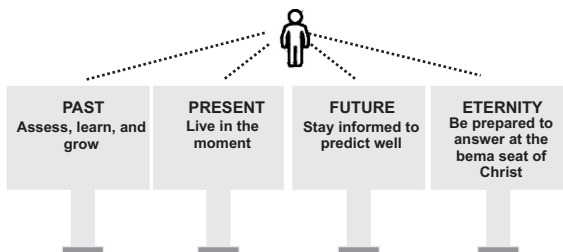
Future planning is not like looking into a crystal ball; it is assessing where things

are headed while maintaining open hands for flexibility to adapt.

King David wanted to build a temple for the Lord. Despite how noble the vision was, the Lord redirected David's execution plan. In faithful obedience, David not only listened and surrendered his plans to the Lord; he also took the necessary steps in the present to prepare for the future (1 Chron. 17:1–12 and 22:2–5).

4. How do we look ahead while holding our plans loosely and keeping our eyes on God?

Active faith and biblical stewardship call us not to dwell on and worry about tomorrow but to be wiser because of yesterday, present today, mindful of tomorrow, and anchored in an eternal perspective.



Infograph of Guidepost for Strategic Planning

DISCUSSION

1. What attitudes toward planning please God? What attitudes disappoint Him?
2. How do you avoid disappointment or frustration when unforeseen circumstances disrupt your plans?
3. When it comes to strategic planning, how do you combine a Spirit-led mindset with robust general management?

Lesson 4

DEMONSTRATING A SELF PLAN

God needs a good plan in someone's hand to bless, a good plan attracts God's favour with tremendous benefits and meaningful progress.

Focus

To set both medium and long-term goals that are both realistic and achievable with specific areas of interest.

A good plan for life involves setting realistic goals, maintaining a healthy lifestyle, and pursuing your passion. A good plan can also include:

Setting SMART goals:

A. SMART goals are

1. specific,
2. measurable,
3. achievable,
4. relevant, and
5. time-bound.

B. Creating an action plan:

An action plan should include a step-by-step process for achieving your goals.

C. Prioritizing: Prioritize your life by considering what's most important to you.

D. Identifying your values: Consider what gives your life meaning and purpose.

E. Being flexible: Stay flexible and adjust your plan as needed.

Here are some steps you can take to create a life plan:

1. Create a vision: Imagine your dream life and be as specific as possible.
2. Perform a self-assessment: Consider your achievements, strengths, weaknesses, and satisfaction with different areas of your life.

3. Identify your values: Consider what's most important to you and what you believe in.
4. Establish goals: Set high-level goals that are aligned with your values and vision.
5. Outline an action plan: Create a detailed plan that includes tasks, resources, deadlines, and milestones.
6. Adjust as necessary: Your life plan should be a tool to guide you toward your goals.

Lesson 5:

A CASE STUDY OF JOSEPH

God knew the plan to bless Joseph:

1. The Dreams
2. The Pit
3. The Prison
4. The Throne

Genesis 50:20

“But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive”.

Romans 8:28

“And we know that all things work together for good to those who love God, to those who are the called according to His purpose”.

1. Every good plan begins with a dream.

This means that before you can create a successful plan to achieve

something, you must first have a vision or aspiration, a "dream," to guide your direction and motivate you to take action towards it; essentially, the initial inspiration for any good plan is a desire or goal you want to reach.

2. There may be pitfalls

This implies that the road to success is not always smooth. Some people may misunderstand you; some may entice and distract you with other things and some challenges may emerge to deter your efforts. But focus, perseverance and commitment guarantee assurance

3. There may be prisons capable of delaying and creating discomfort.

Sometimes, prisons provide hard training and chastisements to prepare and shape you for the announcement. It gives time for reflection and clarifies the journey.

4. The throne announces the glory and steps you up above all the challenges. It takes away the shame and suffering.

PRAYER POINTS

"Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well."

III Jn. 1:2

1. Trusting God for Good Health

It is God's will that we should enjoy good health and overall well-being. This is an illustration of God's concern for the holistic well-being of His children, emphasizing the importance of both physical and spiritual health.

In 2025, we turn to God as the ultimate source of our health and well-being. We recognize that our bodies are temples of the Holy Spirit and that it is our

responsibility to care for them. We shall make wise choices regarding diet, exercise, rest, and seeking appropriate medical care when needed. However, at the core of our prayer is the understanding that true health prosperity is ultimately in God's hands. We trust in His divine plan, knowing that He orchestrates all aspects of our lives for our ultimate good.

We acknowledge that adversity and illness may be part of our journey, but in those moments, we find solace and healing in God's loving presence. We rely on His grace to help us navigate challenging times and emerge from them with increased faith and resilience.

Prayer:

Heavenly Father, we come before you with grateful hearts, acknowledging

that you are the source of our health and well-being.

we humbly seek your guidance and blessing. Grant us the wisdom to care for our bodies as temples of the Holy Spirit and the strength to make choices that promote health. Help us trust in your divine plan for our well-being, knowing that you work all things together for our good. In times of illness or adversity, may we find comfort and healing in your loving embrace.

We place our health in your capable hands and ask for your grace to flourish in body, mind, and spirit. Amen.

2. Seeking Blessings for Economy Stability

(a) Financial Blessings

Dear Lord, I come before you today seeking your divine intervention in my

financial situation. I pray that you bless me abundantly with wealth and prosperity. Help me to use the resources you provide wisely and to be a good steward of the blessings you bestow upon me.

(b) Debt Relief

I lift up my financial burdens to you, Lord and pray that you release me from the chains of debt and provide me with the means to become financially stable. Guide me in making wise financial decisions and help me to manage my finances responsibly. I trust in your provision and believe that you will bless me with wealth.

(c) Business Success

Dear God, I humbly ask for your guidance and blessings upon my business. Grant me wisdom and discernment in making business

decisions. May my business prosper and grow, bringing financial abundance into my life. Help me to use my business as a platform to bless others and to be a source of good in the world.

(d) Career Advancement

Lord, I come before you seeking your favor in my career. Open doors for promotion and opportunities for advancement. Grant me the skills, knowledge, and favor needed to excel in my chosen profession. Bless me with financial success in my career, enabling me to provide for myself and my loved ones.

(e) Wise Financial Management

As the ultimate provider of all wealth and resources. I pray for wisdom and discernment in managing my finances. Help me to be a good steward of the

blessings you have given me. Guide me in making wise financial decisions, saving diligently, and investing wisely.

(f) Generosity

Bless me with abundance and the understanding to become a blessing to others. Help me to have a generous heart and to use my wealth to make a positive impact in the lives of those in need. May I be a channel of your love, grace, and provision to those around me.

(g) Prosperous Future

For a prosperous future filled with financial abundance, may my efforts be fruitful, and may your blessings overflow in my life. Grant me the strength and perseverance to overcome any challenges that come my way. I trust in your perfect timing and provision.

3. Prayer over prosperity in spirit

I lift up my soul to You, Lord, Heal my spirit and emotions so I can prosper. Lead me to grow in humility, help me to overcome the spirit of anger that hurts and destroys, grant me the ability to forgive others and live above bitterness.

May I grow in stewardship and in obedience to your will and find joy in worshiping you all the days of my life.

YOU CAN GIVE YOUR LIFE TO JESUS

By going through the following steps

- 1. Hear the Gospel**
- 2. Believe the Gospel**
- 3. Repent of your sins**
- 4. Confess your faith in Jesus**
- 5. Be baptized for the remission of your sins**
- 6. Continue steadfastly in worship and enjoy
the amazing grace in Christ**

*Rom. 10:10,17; Acts. 2:38-42;
Mark 16:15,16; II Cor. 5:17; Rom. 6:1-4; Rom. 8:1-3*

The Churches of Christ Salute You

ROMAN 16:16

Worship with the **CHURCH OF CHRIST** nearest you
@ Ikot Mbonde Itam, #5 Obio Ekong Street, off Itu Road, Uyo

Programmes:

Sunday Worship Service - 8am
Monday: Youth Bible Study - 6pm
Thursday: General Bible Class - 6pm

Watch and Pray holds
1st of Every Month
6:30am Morning Session
6:00-8:00pm Evening Session

GOD BLESS YOU



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